

| <div> <div> DISCOVERING<br/>SRI LANKA </div> <div> Tour 1 - School 9 Days (Cross Curriculum) </div> </div> |                             |                    |                                   |                  |                                                                                         |                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
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| Day                                                                                                        | Location                    | Overnight Location | Travel                            | Distance (HH:MM) | Places to visit                                                                         | Curriculum Theme & Activities                                                                                                                                                                                                                                   | Detailed KS4 Elements                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Day 1                                                                                                      | Travel to Colombo Overnight |                    |                                   |                  | Arrive Colombo Approx. 08:00 Day 2                                                      |                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Day 2                                                                                                      | Colombo                     | Colombo            |                                   |                  | National Museum, Independence Square, Galle Face Green                                  | <b>History:</b> Sri Lanka's colonial past, independence movement, and post-colonial identity.<br><b>Citizenship:</b> National symbols and their role in identity formation.<br><b>Geography:</b> Urban public spaces and their social use.                      | Geography (KS4): Climate, landscapes, and human-environment interaction; History (KS4): Empire, migration, decolonisation; Citizenship (KS4): Communities and participation; Citizenship (KS4): Identity, diversity, and democratic values                                                                                                                                                                                                                |
| Day 3                                                                                                      | Colombo                     | Kandy              | Depart Colombo afternoon          | 03:00            | Old Parliament Building, Old Dutch Hospital Precinct, Gangarama Temple & drive to Kandy | <b>History &amp; Politics:</b> Colonial governance structures and modern democratic institutions.<br><b>Heritage conservation:</b> Repurposing historical buildings.<br><b>Religious Studies:</b> Buddhist architecture, symbolism, and role in modern society. | Design & Technology (KS4): Built environment and design thinking; History (KS4): Local and heritage studies; Religious Studies (KS4): Practices and beliefs across world religions; History (KS4): Empire, migration, decolonisation; Citizenship (KS4): Political systems, democracy in the UK and wider world                                                                                                                                           |
| Day 4                                                                                                      | Pinnawala / Kandy           | Kandy              | Depart Kandy morning to Pinnawala | 01:00            | Pinnawala Elephant Orphanage, Temple of the Tooth                                       | <b>Biology:</b> Conservation, biodiversity, and human-animal interaction.<br><b>Religious Studies:</b> Significance of relics and sacred spaces.<br><b>Ethics:</b> Tourism and animal welfare debates.                                                          | Design & Technology (KS4): Built environment and design thinking; Citizenship (KS4): Global citizenship, rights and responsibilities; Science (Biology KS4): Ecosystems, biodiversity, interdependence; History (KS4): Local and heritage studies; Religious Studies (KS4): Practices and beliefs across world religions; Geography (KS4): Climate, landscapes, and human-environment interaction; Religious Studies (KS4): Ethical issues, animal rights |
| Day 5                                                                                                      | Kandy / Peradeniya          | Kandy              |                                   |                  | Royal Botanical Gardens, Cultural Show in Kandy                                         | <b>Biology &amp; Environmental Science:</b> Plant diversity, conservation, and climate influence.<br><b>Cultural Studies:</b> Traditional performance arts as expressions of heritage and values.                                                               | Design & Technology (KS4): Built environment and design thinking; Science (Biology KS4): Ecosystems, biodiversity, interdependence; History (KS4): Local and heritage studies; Geography (KS4): Climate, landscapes, and human-environment interaction; Citizenship (KS4): Cultural identity and values                                                                                                                                                   |
| Day 6                                                                                                      | Sigiriya                    | Sigiriya           | Depart Kandy to Sigiriya          | 02:15            | Sigiriya Rock Fortress, Village Tour                                                    | <b>History:</b> Ancient royal power and propaganda.<br><b>Geography:</b> Human-environment interaction in settlement planning.<br><b>Sociology:</b> Rural community structures, traditions, and daily life.                                                     | History (KS4): Power and monarchy; propaganda in history; Geography (KS4): Urbanisation, settlement patterns; Science (Biology KS4): Ecosystems, biodiversity, interdependence; Citizenship (KS4): Communities and participation; Geography (KS4): Rural and urban contrasts                                                                                                                                                                              |
| Day 7                                                                                                      | Negumbo                     | Negumbo            | Depart Sigiriya to Negumbo        | 03:00            | Colombo Fort, Beach Activities                                                          | <b>History:</b> Fortifications and maritime trade.<br><b>Geography:</b> Coastal landscapes and tourism economy.<br><b>PE &amp; Wellbeing:</b> Outdoor activities for fitness and stress relief.                                                                 | Geography (KS4): Coasts, tourism, economic geography; History (KS4): War, defence, and economic history; PE (KS4): Health, fitness, active lifestyles; PSHE (KS4): Wellbeing, mental health                                                                                                                                                                                                                                                               |
| Day 8                                                                                                      | Travel to UK                |                    |                                   |                  | Souvenir shopping, departure briefing, Arrive UK Approx. 09:00 Day 9                    | <b>Reflective learning:</b> Recap and evaluation, supporting geographical applications and case study development.                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

| <div> <div> DISCOVERING<br/>SRI LANKA </div> <div> Tour 1 - School 12 days (Cross Curriculum) </div> </div> |                             |                    |                                                             |                  |                                                                                        |                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                |
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| Day                                                                                                         | Location                    | Overnight Location | Travel                                                      | Distance (HH:MM) | Places to visit                                                                        | Curriculum Theme & Activities                                                                                                                                                                                          | Detailed KS4 Elements                                                                                                                                                                                                                                                          |
| Day 1                                                                                                       | Travel to Colombo Overnight |                    |                                                             |                  | Arrive Colombo Approx. 08:00 Day 2                                                     |                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                |
| Day 2                                                                                                       | Colombo                     | Colombo            |                                                             |                  | National Museum, Galle Face Green, Independence Memorial Hall                          | <b>History:</b> Colonialism, independence movement, post-colonial identity.<br><b>Citizenship:</b> National monuments as expressions of collective memory.<br><b>Geography:</b> Urban planning and public space.       | Geography (KS4): Climate, landscapes, and human-environment interaction; History (KS4): Empire, migration, decolonisation; Citizenship (KS4): Communities and participation; Citizenship (KS4): Identity, diversity, and democratic values                                     |
| Day 3                                                                                                       | Colombo                     | Colombo            |                                                             |                  | Science Museum, Colombo Fort, Beach Cleanup                                            | <b>Science:</b> Scientific education and innovation.<br><b>History:</b> Maritime trade and fortifications.<br><b>Environmental Science:</b> Coastal ecosystems and sustainability through cleanup initiatives.         | History (KS4): Historical events and their impact; Citizenship (KS4): Political systems, democracy in the UK and wider world; Religious Studies (KS4): Practices and beliefs across world religions                                                                            |
| Day 4                                                                                                       | Sigiriya                    | Sigiriya           | Depart Colombo to Sigiriya                                  | 03:30            | (3.5 hour drive) Sigiriya Rock Fortress, Village Tour                                  | <b>History &amp; Geography:</b> Ancient fortifications, settlement location, water engineering.<br><b>Art:</b> Frescoes as political propaganda.<br><b>Sociology:</b> Rural life, traditions, and community structure. | Geography (KS4): Rural and urban contrasts; History (KS4): Power and monarchy, propaganda in history; Geography (KS4): Urbanisation, settlement patterns; Citizenship (KS4): Communities and participation                                                                     |
| Day 5                                                                                                       | Polonnaruwa                 | Sigiriya           | Depart Sigiriya to Polonnaruwa                              | 01:30 (each way) | Polonnaruwa Ruins, Gal Vihara, Ancient Technology Museum & Wax Museum                  | <b>History:</b> Medieval kingdoms and governance.<br><b>Religious Studies:</b> Buddhist sculpture and devotion.<br><b>Architecture:</b> Stone carving, urban planning, and temple design.                              | History (KS4): Historical events and their impact; Citizenship (KS4): Political systems, democracy in the UK and wider world; Religious Studies (KS4): Practices and beliefs across world religions                                                                            |
| Day 6                                                                                                       | Dambulla                    | Sigiriya           | Depart Sigiriya to Dambulla                                 | 01:00 (each way) | Dambulla Cave Temple, Local Market Visit                                               | <b>Art &amp; Religion:</b> Murals and statues as expressions of Buddhist teachings.<br><b>Economics:</b> Role of local markets in livelihoods.<br><b>Cultural studies:</b> Traditional crafts and trade.               | Citizenship (KS4): Cultural identity and values;                                                                                                                                                                                                                               |
| Day 7                                                                                                       | Kandy                       | Kandy              | Depart Sigiriya to Kandy                                    | 03:00            | (3 hour drive) Temple of the Tooth, Cultural Dance Show, Gem Museum                    | <b>Religious Studies:</b> Sacred relics and authority.<br><b>Performing Arts:</b> Cultural dance as heritage preservation.<br><b>Economics:</b> Gem trade and ethical sourcing.                                        | Design & Technology (KS4): Built environment and design thinking; History (KS4): Local and heritage studies; Religious Studies (KS4): Practices and beliefs across world religions; Arts (KS4): Drama, Music, Performing Arts; Citizenship (KS4): Cultural identity and values |
| Day 8                                                                                                       | Nuwara Eliya                | Ella               | Depart Kandy to Nuwara Eliya<br>Depart Nuwara Eliya to Ella | 02:30<br>02:00   | (2.5 hour drive) Tea Factory, Gregory Lake, Botanical Gardens (final 2 hour drive)     | <b>Geography &amp; Economics:</b> Plantation agriculture and global trade.<br><b>Environmental Science:</b> Botanical conservation.<br><b>Tourism studies:</b> Lake and gardens as leisure destinations.               | Geography (KS4): Climate, landscapes, and human-environment interaction; Design & Technology (KS4): Built environment and design thinking; Science (Biology KS4): Ecosystems, biodiversity, interdependence; History (KS4): Local and heritage studies                         |
| Day 9                                                                                                       | Ella                        | Ella               |                                                             |                  | Little Adam's Peak, Nine Arches Bridge                                                 | <b>Geography &amp; PE:</b> Physical geography, hiking, and fitness.<br><b>Engineering:</b> Colonial railway construction.                                                                                              | Geography (KS4): Climate, landscapes, and human-environment interaction; History (KS4): Empire, migration, decolonisation; PE (KS4): Health, fitness, active lifestyles; PSHE (KS4): Wellbeing, mental health                                                                  |
| Day 10                                                                                                      | Ella                        | Ella               |                                                             |                  | Ella free time                                                                         |                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                |
| Day 11                                                                                                      | Travel to UK                |                    | Depart Ella for Colombo                                     | 05:30            | (5.5 hour drive) Souvenir shopping, departure briefing, Arrive UK Approx. 09:00 Day 12 | <b>Economics &amp; Business:</b> Tourism economy and trade.<br><b>Citizenship:</b> Responsible consumption.<br><b>Student reflection:</b> Evaluating cross-subject learning outcomes.                                  | Geography (KS4): Climate, landscapes, and human-environment interaction; Citizenship (KS4): Communities and participation; Citizenship (KS4): Cultural identity and values                                                                                                     |